

PELTONIA® 2026

Event Handbook

Gravel Day



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BEFORE GRAVEL DAY

WHAT SHOULD I DO TO PREPARE FOR GRAVEL DAY?

- ☐ **Prep Your Bike** – If you are riding, tune up your bike before Gravel Day. Please avoid tubular tires (sew-ups), if at all possible, and make sure that your bike is equipped to handle the rough terrain inherent in gravel riding. **Minimum tire width of 35mm is required.**
- ☐ **Review the Safety & Training Handbook** – Gravel Day cycling routes are Rules of the Road rides on open roadways, so be sure you're ready to ride safely! Runners and hikers, tips are also included to help you prepare for the day.
- ☐ **Train** – Find helpful training resources at pelotonia.org/safety-training-resources
- ☐ **Properly hydrate and fuel** – Guidance is available in the Safety & Training Handbook. Start fueling in the days leading up to Gravel Day.
- ☐ **Invite your friends & family to download the Pelotonia Tracker app** – They'll be able to track you throughout your ride, run, or hike progress in real time.
- ☐ **Pack your bag** – You can leave a bag at the designated bag drop location to be waiting for you when you finish.

GRAVEL DAY ESSENTIALS FOR ALL PARTICIPANTS

- ☐ Water bottle
- ☐ Sunglasses
- ☐ Sunscreen
- ☐ Lip balm
- ☐ Cell phone and charger. A portable external battery for your phone are always a good idea, too! Bonus points for downloading the GPX route file to have on hand just in case!
- ☐ Identification and money or a credit card (carry with you)
- ☐ Prescription medications and your keys (carry with you — do not pack them in your luggage)
- ☐ A change of clothes for after the finish, if you'd like
- ☐ Towel and shower supplies, if you plan to use the available shower trailer
- ☐ Any specific food or electrolytes you've been training with. Rest stops will be fully stocked, but if there is something specific you need, be sure to bring it with you!



BEFORE GRAVEL DAY (CONTINUED)

RIDER ESSENTIALS

WEAR OR KEEP THESE THINGS WITH YOU!

- ☐ Helmet
- ☐ Tuned-up bike with hand pump or at least two CO2 cartridges and a nozzle
- ☐ Saddle bag with tire levers, patch kit, two spare inner tubes, and a cycling multi-tool
- ☐ Additional supplies good to have with the more remote terrain being traveled on Gravel Day include a chain tool, spare quick link, zip ties, electrical tape, a tire boot, emergency derailleur hanger, and maybe even a spare set of brake pads and spokes
- ☐ Cycling shoes, cycling shorts and/or tights, cycling shirt or jersey, socks and gloves



RUNNER/HIKER ESSENTIALS

WEAR OR KEEP THESE THINGS WITH YOU!

- ☐ Trail running shoes are recommended!
- ☐ A water bottle that's easy to carry with you. We recommend either a soft flask that can be worn or a hand-held bottle.
- ☐ A change of shoes and socks. Even if it's not raining on event day, some areas of the course could be wet.



EVENT SCHEDULE

Snow Fork Event Center 5685 Happy Hollow Rd., Nelsonville, OH 45764

FRIDAY, OCTOBER 2, 2026

→ 3:00pm

Camping Sites Open for Check-In/Set-Up

→ 6:00pm-9:00pm

Community Gathering & Participant Check-In
The Friday night gathering is open to all Gravel Day Participants and Volunteers, whether you're camping on-site at Snow Fork or staying nearby in other accommodations! Join us for a dinner buffet, beverages, music, and s'mores by the fire!

Please RSVP for the Friday Night Gathering [here](#) by September 19th!

→ 7:00pm

Entertainment Begins

OVERNIGHT CAMPING AT SNOW FORK

Stay with us on Friday, October 2nd at Snow Fork Event Center! Both RV and car/tent camping spots are available and must be reserved at the website [here](#) by September 19th.

Be sure to select the right camping option when reserving your site. Early Departure sites will be placed to have access to leave Snow Fork throughout the day, but Late Departure sites will be further into the site, where exit will not be possible until after all participants have finished (roughly 5:00pm).

SATURDAY, OCTOBER 3, 2026

Start and Finish Venue for Gravel Riders, Mountain Bikers, and Trail Runners/Hikers

→ 7:00am

Start Venue opens for Check-In, Breakfast, First Aid Services, Bag Drop-off, and Bike Maintenance

→ 8:30am: 48-Mile Start

8:45am: 24-Mile Mountain Bike Start

9:00am: 25-Mile Start

9:15am: 10-Mile Mountain Bike Start

9:30am: 11-Mile Start

10:00am: Trail Run/Hike Start

→ 8:45am-10:00am

Trimble Elementary Rest Stop
(48-Mile Riders)

→ 9:00am-1:45pm

Utah Ridge Pond Rest Stop
(10- and 24-Mile Mountain Bikers)

→ 9:30am-10:45am

Carr Bailey Road Rest Stop
(25-Mile Riders)

→ 9:30am-11:45am

Jody's Country Collectibles Rest Stop
(48-Mile Riders)

→ 9:30am-1:30pm

Concord Church Rest Stop
(48-Mile Riders)

→ 9:45am-11:45am

Coal Run Road Rest Stop
(24-Mile Mountain Bikers)

→ 9:45am-3:45pm

New Floodwood Road Rest Stop
(11-, 25-, and 48-Mile Riders)

→ 10:00am-3:00pm

Chauncey Trailhead Rest Stop
(48-Mile Riders)

→ 10:00am-3:00pm

Trail Run/Hike Rest Stop

→ 2:30pm

Trail Run/Hike Course Cutoff
All Runners/Hikers must begin their final lap by 2:30pm!

→ 10:30am-6:00pm

Finish Celebration at Snow Fork Event Center

Through our partnership with Pelotonia,
Bath & Body Works is proud to support cancer
research and a community united by purpose.

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& Body
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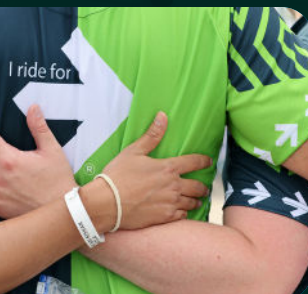
Everybody deserves to feel good.





A ride. A weekend. To make a difference. To make an impact.

When an organization has a vision to look out for others and make the world a better place, extraordinary things can happen. At Huntington, we are proud to ride alongside Pelotonia in its mission to fund innovative research with the goal of Ending Cancer. Together, we're not just dreaming of a cancer-free future—we're actively working to make it a reality. We'll see you the first weekend in August.



GRAVEL RIDING DETAILS

Gravel Day allows you the freedom to choose from three gravel riding routes: 11, 25, or 48 miles. Please note: Due to the addition of mountain biking, Gravel routes will no longer include optional detours onto the Bailey's Trail System.

Because all routes share the same \$1,500 fundraising commitment and finish at the same location, you're welcome to ride whichever distance feels right for you on the day, regardless of which route you registered for. All route splits will be clearly marked with Pelotonia signage. Remember: hills are a major factor on all Gravel Day routes, so keep this in mind as you're training and progressing through your ride. If you wish to change your route on event day, please visit the check-in tent to have your credentials updated.

NELSONVILLE LOOP ROUTES

**11
MILES**

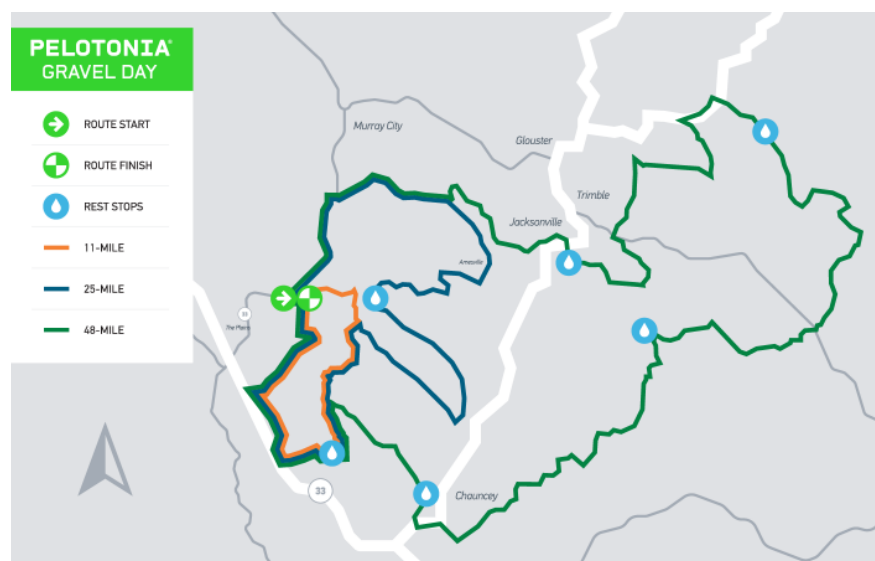
**\$1,500
commitment**
900+ ft climb

**25
MILES**

**\$1,500
commitment**
1,600+ ft climb

**48
MILES**

**\$1,500
commitment**
4,200+ ft climb



MOUNTAIN BIKING DETAILS

Gravel Day allows you the freedom to choose from two mountain biking routes: 10 or 24 miles.

Because all routes share the same \$1,500 fundraising commitment and finish at the same location, you're welcome to bike whichever distance feels right for you on the day, regardless of which route you registered for. All route splits will be clearly marked with Pelotonia signage. Remember: hills are a major factor on all Gravel Day routes, so keep this in mind as you're training and progressing through your ride. If you wish to change your route on event day, please visit the check-in tent to have your credentials updated.

MOUNTAIN BIKING OPTIONS

10
MILES

\$1,500
commitment
900+ ft climb

24
MILES

\$1,500
commitment
1,800+ ft climb



TRAIL RUN/HIKE DETAILS

Pelotonia's 3.5-mile trail run/hike route will take you on a clockwise loop of the Snow Fork property, starting and ending at the Finish Celebration. You will use existing paths and a 1.5-mile section of Baileys single-track mountain bike trail (The Underground Trail), gaining more than 500 feet of elevation.

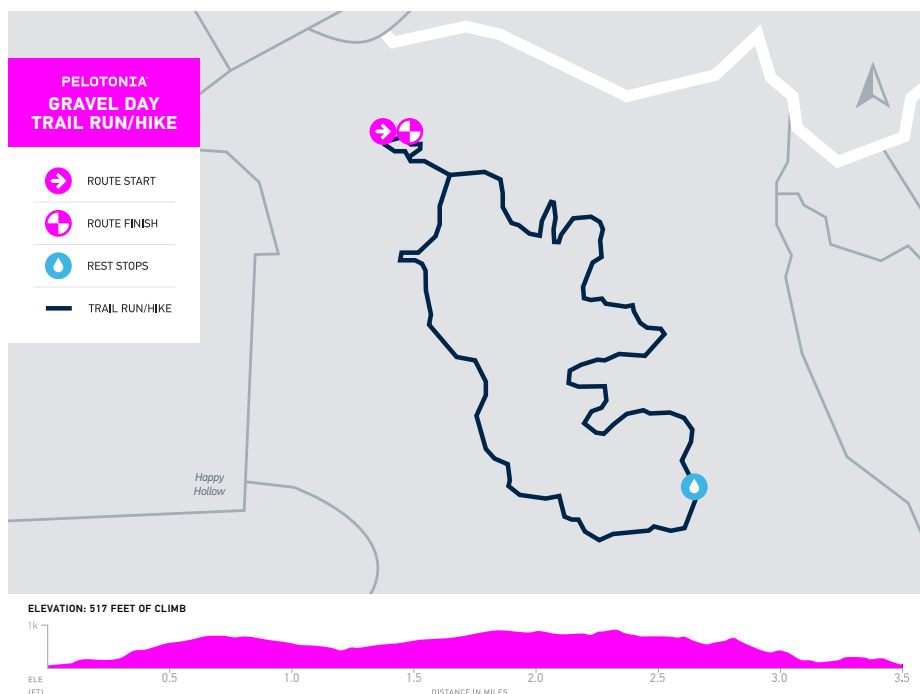
A fully supported rest stop will be available at the halfway point of the loop, with first aid support as well as food and hydration product available. Additionally, food and beverage will be available at Snow Fork Event Center, so you can refuel before heading out for another lap if you want!

The run/hike course will be marked with flags, signage, and barricade tape to keep you on track. Please be sure to follow all course markings carefully! Please note that, for the safety of all, dogs or pets of any kind are not permitted on the trail run/hike course.

You may complete the course as many times as desired between 10:00am and 2:30pm, but you will not be allowed to start an additional lap after 2:30pm. A mass start will be held at 10:00am. If you are also completing a cycling route, finish your ride first, then you're welcome to join the trail course when you return to Snow Fork.

**3.5
MILES**

**\$1,500
commitment**
500+ ft climb





Victoria's Secret & Co. is proud to support Pelotonia in the commitment to advancing innovative cancer research. Our partnership reflects our deep commitment to making a difference in the fight against cancer. By supporting Pelotonia, we contribute to transformative initiatives, fostering hope and progress in the pursuit of a cancer-free future.

Together, we empower a community united in strength and resilience.

VS&Co
VICTORIA'S SECRET & CO.

PELOTONIA

EVENT DAY PARKING

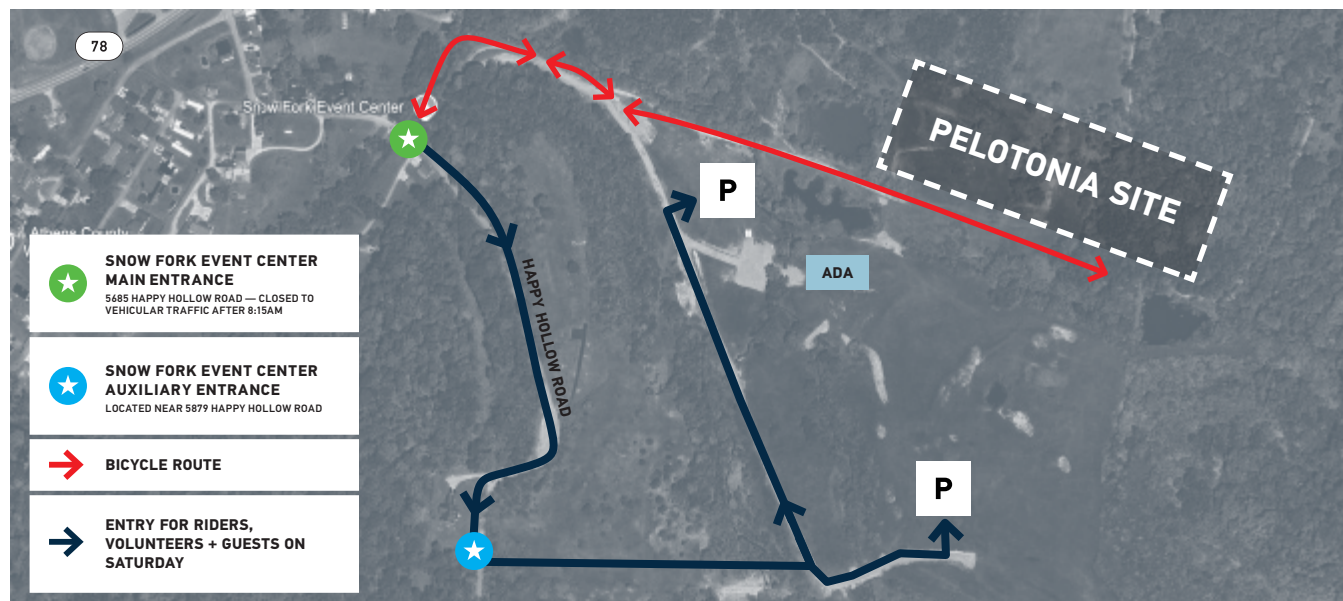
Parking will be available on-site at Snow Fork. From 7:00am-8:15am, Snow Fork will be accessible via both entry points (5685 Happy Hollow Rd. and near 5879 Happy Hollow Rd.). At 8:15am, the main entrance of Snow Fork will be closed to vehicular traffic as Riders start their routes, and all traffic will need to enter at the secondary entrance near 5879 Happy Hollow Rd. If arriving after 8:15am, please use extra caution as you approach the venue, as cyclists will be on the roadways.

Please plan to arrive to Snow Fork at one minimum hour before your scheduled start time.

If you have arranged post-ride transportation and would like to leave your vehicle at Snow Fork overnight, this will be permitted, but all vehicles must be picked up from Snow Fork by 11:00am on Sunday, October 4.

EVENT MORNING CHECKLIST

- ☐ **Arrive 1-2 hours before your scheduled start time.** Snow Fork Event Center will open at 7:00am for all participants, and everyone should plan to be inside the venue by 8:15am to limit traffic on the roadways once cycling events have started.
- ☐ **Pick up your credential packet.** Check out the pieces that will be included on the next page. You'll have the option to also pick up your packet on Friday night during the community celebration.
- ☐ **Pick up your gift.** Be sure you receive your Gravel Day-specific participant gift!
- ☐ **Fuel up with breakfast from AVI and coffee from Dirty Girl!**
- ☐ **Get your bike tuned up by mechanics or get your last minute run/hike questions answered by Fleet Feet.**
- ☐ **Drop off your bag for safe keeping with gear check Volunteers.**

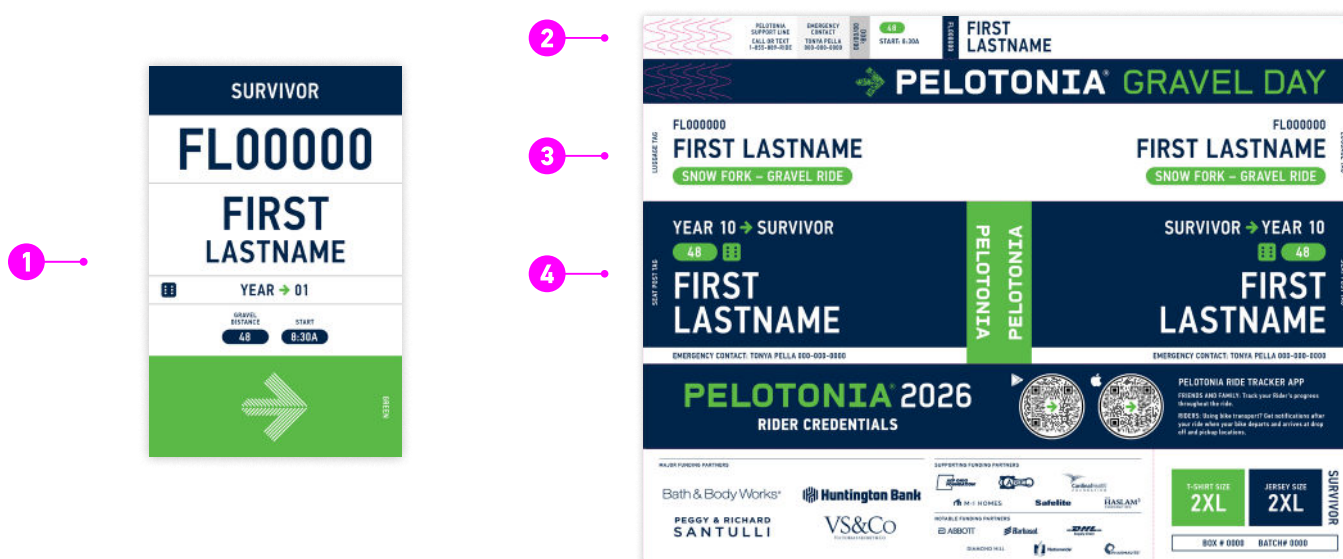


EVENT DAY

RIDER CREDENTIALS

RIDER CHECK-IN

After parking, head to the Participant Check-In area with a driver's license or other photo ID to receive your Participant Credentials, which include:



1 Bike Plate: Securely fasten the bike plate to the front of your handlebars using the provided zip ties before departing. This piece must be attached properly to your bike throughout the day in order to ride, to allow the RFID tag to be read for your finish line photos and to allow family and friends to track you along your ride.

2 Rider ID Wristband: Your Rider ID wristband is your passport to Gravel Day, allowing you to enjoy the amenities at the start and finish venue. Please wear your wristband upon receipt and do not take it off until you leave Gravel Day for the last time. No one will be permitted to ride without a Rider ID wristband.

3 Luggage Tag: Fasten your luggage tag securely to your bag before handing off to Pelotonia volunteers. Any unidentified or unclaimed bags at the finish venue will be taken to Pelotonia HQ to be claimed after the event.

4 Seat Post Tag: Wrap your tag around your seat post using the adhesive strip. This helps you and your fellow participants identify each other along the route.

EVENT DAY

RUNNER/HIKER CREDENTIALS

RUNNER/HIKER CHECK-IN

After parking, proceed to the Participant Check-In area with a driver's license or other photo ID to receive your Participant Credentials, which include:



1 Runner/Hiker Bib: Securely fasten the bib to the front of your body with provided safety pins. This must be attached properly in order for the RFID tag to be read for finish line photos and allow family and friends to track you along your run/hike route. NOTE: If you are completing both a ride and the run/hike can attach this bib either at the beginning of the day (wearing it for the ride) or can put on the run/hike bib upon completion of their ride.

2 Luggage Tag: Fasten your luggage tag securely to your bag if you'd like to leave a drop bag with Pelotonia Volunteers at Snow Fork. Any unidentified or unclaimed bags will be taken back to Pelotonia HQ to be claimed after the event.

3 Runner/Hiker Wristband: Your ID wristband is the passport to Gravel Day, allowing you to enjoy the amenities at Snow Fork. Please wear your wristband upon receipt and do not take it off until you leave Gravel Day. No one will be permitted to run or hike without an ID wristband.

Note: If you are cycling and running/hiking, you only need to wear one of the two wristbands you will receive with your credentials.

EVENT DAY

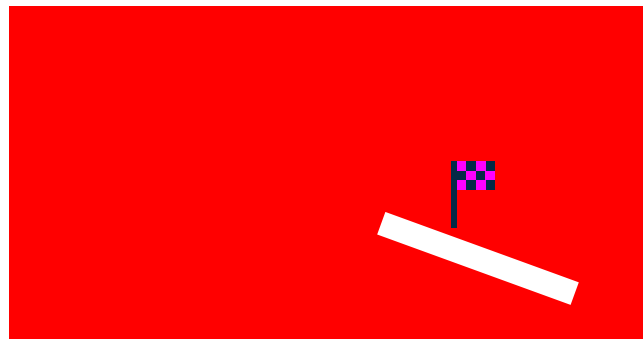
RIDE AND RUN/HIKE STARTS

Gravel Day Riders will start their rides by distance at designated start times:

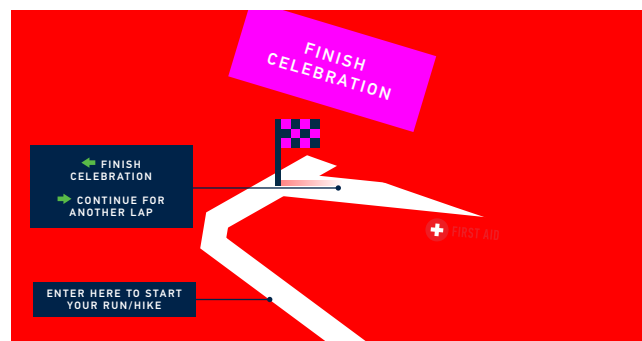
- **8:30am: 48-Mile Riders**
- **8:45am: 24-Mile Mountain Bikers**
- **9:00am: 25-Mile Riders**
- **9:15am: 10-Mile Mountain Bikers**
- **9:30am: 11-Mile Riders**
- **10:00am: Trail Runners/Hikers**

Please plan to arrive to Snow Fork at minimum one hour before your scheduled start time, listed above.

If you are planning to complete a cycling route and a trail run/hike, finish your ride first, then you're welcome to join the trail run/hike course when you return to Snow Fork.



Snow Fork Event Center Ride Staging



Trail Run/Hike Staging

Please be aware that routes may be crowded at starts. At this point especially, it is extremely important to adhere to the rules of the road, maintaining strict adherence to Ohio law, which dictates riding no more than two abreast in a lane. Remember, Pelotonia is not a race. Please be patient, careful, and courteous to those around you. After this initial phase, the group will slowly spread out so you can settle into a comfortable pace for the remainder of your ride.

The start of the Trail Run/Hike may also be crowded. Please be patient as participants get started and begin to spread out over the first portion of the course.

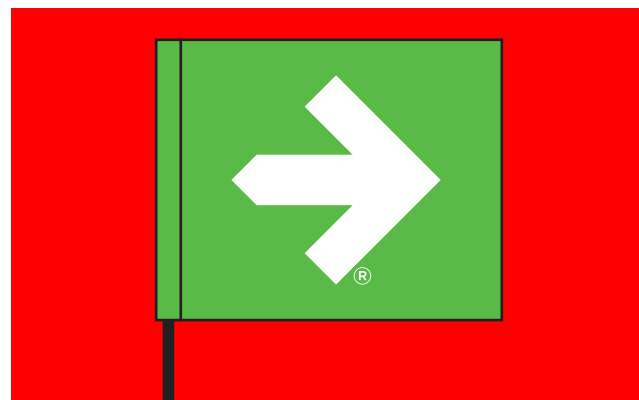
FIRST AID ASSISTANCE

First aid assistance will be available at every rest stop along the route. First Aid Volunteers will also be riding in support vehicles that will patrol the route throughout the day. Please remember that Volunteers will provide only basic first aid services and will not dispense any prescription medications or treatments. EMT and hospital services will be on call throughout the day at appropriate locations along the route.

SIGNAGE

Gravel Day cycling routes are Rules of the Road rides. Please pay careful attention to the Pelotonia signage along the route. In addition to directing you along the route, signs will alert you to any specific areas where you should remain particularly cautious of oncoming traffic or road conditions. Please also pay attention to any signage at the rest stops, which will warn of dangerous heat indexes or other weather conditions.

The trail run/hike route will be on closed trails and Snow Fork property. Follow Pelotonia signage, tape, and flags (as shown below) to stay on course.



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When we show up for each other, we unlock what's possible—in ourselves and in our community.



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Combining our passion for community with a cause that has profoundly impacted many of our employees and their families. Through this partnership, we ride together to support cancer research and drive meaningful change.

Learn more at www.arielcorp.com



EVENT DAY

REST STOPS

There will be Rest Stops along the cycling routes approximately every 6-15 miles. Drinks, food, mechanical support, and first aid assistance will be available at every stop.

A rest stop will be available near the halfway point of the trail run/hike loop. Hydration products, food, and first aid assistance will be available at these locations.

E-BIKES

On Gravel Day, e-bikes will be allowed on gravel cycling routes **ONLY**, and are not permitted on the mountain biking routes utilizing the Baileys Trail System. On the gravel cycling routes, no fully motorized bikes which use a throttle are allowed and all electric bikes must have a freely operable pedaling system: rear wheel drive train of pedals, crank, chain, and gear system.

Please note that Pelotonia reserves the right to remove any non-compliant e-bikes from Gravel Day routes.

HELP LINE

If you need assistance for any reason and you cannot locate a Pelotonia volunteer, please call or text **1-855-889-RIDE (7433)**.

STOPPING BEFORE YOUR CHOSEN FINISH

You're always free to ride a shorter distance than you originally planned. Because all Gravel Day routes are loops ending at the same finish venue, you'll have several natural points along the way where you can take a shorter cutoff. All fundraising commitments are the same regardless of distance, so changing your route doesn't affect your commitment.

SUPPORT VEHICLES/VOLUNTEERS

There will be support vehicles patrolling the route with First Aid and Mechanical Volunteers. Motorcycle support will also be stationed along the route to assist as needed. There will be support Volunteers periodically throughout the Run/Hike course, as well as at the rest stop, to provide assistance. Pelotonia arranges for a significant amount of on-route support, so we ask that you refrain from having personal support vehicles following you, as this can create safety concerns with added vehicular traffic on the route.

WEATHER CONDITIONS

Weather is unpredictable, and rain is a very real possibility. Barring severe weather emergencies, Pelotonia continues rain or shine, and participants should be prepared for forecasted temperatures, wind, and precipitation conditions.

For the trail run/hike route, please note that wet and muddy conditions are possible based on weather conditions and/or drainage in certain areas of the course.

Weather related announcements may need to be issued after the start of the event. Color-coded flags will be used to communicate the status of weather conditions. These flags will be displayed on SAG (Support and Gear) vehicles and at rest stop/finish areas as follows:

GREEN FLAG—SAFE TO PROCEED

Fair weather through light/moderate rain.

YELLOW FLAG—PROCEED WITH CAUTION

Excessive heat, moderate to strong winds, heavy rain or other precipitation is creating potentially hazardous situations on the route.

RED FLAG—DO NOT PROCEED

Severe weather warnings have been issued by the National Weather Service or severe precipitation is creating hazardous conditions or flooding on the route. Proceeding along the route is considered unsafe at this time. Participants who proceed do so at their own risk..

Pelotonia reserves the right to postpone the start, reduce the length, restrict options, or cancel the event to ensure the safety of its participants. We will do everything within our capabilities to communicate cancellation, postponement, or alteration of the event to participants as quickly as possible. In all cases, you are responsible for your own safety and should use your best judgment in deciding whether or not to continue if severe weather conditions exist.

EVENT DAY

FINISH LINE CELEBRATION

GUESTS

We love having guests there to cheer you across the finish line! Guests should arrive to designated guest parking areas by using the alternate Snow Fork Event Center entrance near 5879 Happy Hollow Rd., and should avoid arriving between 8:15am-10:00am while cyclists are starting their rides.

SHOWERS

A shower trailer will be available at the finish line for all participants. Please bring your own supplies as these items will not be provided.





Since 2009, Cardinal Health and our employees have proudly supported Pelotonia in our collective pursuit of ending cancer.

To date, employees have raised more than **\$4M**

Thank you all for your continued dedication.

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We ride to end cancer.

Every year we band together to rally around a single goal: ending cancer. Since our first ride, Team Safelite has donated \$2.1M, pedaled 23,846 miles and helped fuel more than a decade of people-powered progress. Every year we get closer to a cure. Until then, we'll see you on the road.

PROUD SUPPORTER OF
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Abbott is proud to support Pelotonia since 2009



At Barbasol, we know the importance of cancer research.

For each Pelotonia rider and volunteer, for each doctor, researcher, nurse, and technician that fuels new therapies, new breakthroughs, new treatments - we applaud each one of you.

*You are the very reason we are proud to be a sponsor of Pelotonia. It is with your dedication that together we are **ENDING CANCER.***



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